



# Bishop Alexander L.E.A.D. Academy

A L.E.A.D. Academy

**Head Teacher:** Mrs Nicky Spencelayh  
**Address:** Wolsey Road, Newark  
Nottinghamshire NG24 2BQ  
**Telephone:** 01636 680040  
**Fax:** 01636 680041  
**Email:** [office2@bishopalexander.notts.sch.uk](mailto:office2@bishopalexander.notts.sch.uk)  
**Website:** [www.bishopalexander.notts.sch.uk](http://www.bishopalexander.notts.sch.uk)

## Spring 1 – Online safety newsletter

### Introduction

Spring 1's newsletter, will be focussing on 'staying safe online'.

### Talking about 'being safe online'

As a parent, it can be challenging to engage your children to speak about being 'safe' when they are online.

National online safety have provided some questions, which will provide you with an insight to what your child is doing online and in return offer useful conversation points for you and your child.

The questions are as follows:

Which websites/ apps/ games are you using at the minute? – This is a great and uninvasive way of speaking to your child and educating yourself on what your child is using/ playing on. This is important due to the fact that there are apps and games being released daily ... so keeping up with it all can be a challenge!

How does this app/ game work? – This is another useful tool, without having to ask them or check up what they're doing, having your child show you the app or game can make them feel more comfortable with sharing what they are doing.

Do you know what personal information is? – This question is vitally important, as it raises the awareness of the child and means that they understand what should and should not be shared online and with people they do not know (we recently did work on this in School for 'Safer internet day').

Do you know where to get help? – Another vitally important question, we often speak about 'getting help' and this can come in many different forms. So, allowing children to be open and honest with yourself about where to go or who to speak to can often make a child feel more comfortable going to speak to someone about their problem, as it does not feel 'a big problem'.

Credit: <https://nationalonlinesafety.com>

### Parental advice

ThinkUknow, is a wonderful website, which offers advice, videos and interactive games for adults and children.

Quoted from their website – 'Thinkuknow is the education programme from NCA-CEOP, a UK organisation which protects children both online and offline. Explore one of the six Thinkuknow websites for advice about staying safe when you're on a phone, tablet or computer'.

The six websites, which are tiles, on their homepage are: 4-7, 8-10, 11-13, 14+, Parent/ Carer and children's workforce.

It is advised that you visit this website, not only with your child but as a parent to look at what you can do to help your child. In the children's sections there are games and videos which offer great advice and includes vital information, the website can be found below.

Credit: <https://www.thinkuknow.co.uk/>

### Dates

*Autumn 1 – Online gaming and loot boxes*

*Autumn 2 – Online friends*

*Spring 1 – Staying safe online*

*Tuesday 11<sup>th</sup> February 2020 – Safer Internet day*