

## WEEK 1

(ell)					
STEP CONTRACTOR	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choose from	Beef Bolognese	Cheese & Tomato Pizza	Roast Gammon	Chinese Sweet Chilli Chicken	Cod in Batter
Main	to go with	to go with	to go with	to go with	to go with
	Carrots, Homemade White Bread, Wholemeal Pasta	Sweetcorn, Seasoned Herby Diced Potatoes	Cabbage, Carrots, Mashed Potato	Green Beans, Steamed Rice	Chips, Peas
	Tomato Pasta	Filled Veggie Pockets	Quorn Fillet	Chinese Quorn	Vegetarian Sausage
Vegetarian	to go with	to go with	to go with	to go with	to go with
	Carrots	Sweetcorn, Seasoned Herby Diced Potatoes	Cabbage, Carrots, Mashed Potato	Green Beans, Steamed Rice	Chips, Peas
	Jacket Potato	Pasta	Jacket Potato	Pasta	Jacket Potato
Combo	with choice of fillings  Baked Beans, Grated Cheese,  Tuna Mayo	to go with  Sweetcorn  with choice of fillings  Homemade Tomato & Basil  Sauce	with choice of fillings  Baked Beans, Grated Cheese, Tuna Mayo	to go with  Green Beans  with choice of fillings  Homemade Tomato & Basil  Sauce	with choice of fillings  Baked Beans, Grated Cheese, Tuna Mayo
STEP 1	Apple Sponge to go with Custard	Fruity Shortbread	Chocolate Mousse	Pineapple Upside-down Pudding to go with Custard	Raspberry Yogurt Ice Cream
and to finish!  Bread and Salad will be available at Lunch Times	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly