

WEEK 3

MONDAY		Co.	9	11
WICH DAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Bolognese	Hot-Dog	Roast Chicken & Stuffing	Sweet & Sour Chicken	Cod in Batter
to go with	to go with	to go with	to go with	to go with
Carrots, Spaghetti	Sweetcorn, Homemade Herby Diced Potatoes	Broccoli, Carrots, Mashed Potato, Gravy	Carrots, Sunshine Rice	Chips, Peas
Vegetarian Bolognaise	Hotdog	Quorn Fillet	Sweet & Sour Veggies	Falafel & Spinach Burger
to go with	to go with	to go with	to go with	to go with
Carrots, Spaghetti	Sweetcorn, Homemade Herby Diced Potatoes	Broccoli, Carrots, Mashed Potato, Gravy	Carrots, Sunshine Rice	Chips, Peas
Jacket Potato	Pasta	Jacket Potato	Pasta	Jacket Potato
with choice of fillings	with choice of fillings	with choice of fillings	with choice of fillings	with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo	Homemade Tomato & Basil Sauce	Baked Beans, Grated Cheese, Tuna Mayo	Homemade Tomato & Basil Sauce	Baked Beans, Grated Cheese, Tuna Mayo
Tutti Fruity Sponge to go with Custard	Fruit Waffles	Raspberry Angel Delight	Apple Muffins	Strawberry Iced Smoothie
Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly
	Carrots, Spaghetti Vegetarian Bolognaise to go with Carrots, Spaghetti Jacket Potato with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo Tutti Fruity Sponge to go with Custard Fresh Fruit Bar, Yoghurt, Cheese and	Carrots, Spaghetti Vegetarian Bolognaise to go with Carrots, Spaghetti Hotdog to go with Sweetcorn, Homemade Herby Diced Potatoes Fresh Fruit Bar, Yoghurt, Cheese and Sweetcorn, Homemade Hotdog With choice of fillings With choice of fillings Fresh Fruit Bar, Yoghurt, Cheese and	Beef Bolognese Hot-Dog to go with to go with Carrots, Spaghetti Vegetarian Bolognaise to go with Tugo with Carrots, Spaghetti Fresh Fruit Bar, Yoghurt, Cheese and To go with to go with Sweetcorn, Homemade Herby Diced Potatoes Hotdog Quorn Fillet to go with Broccoli, Carrots, Mashed Potato, Gravy Jacket Potato Pasta Jacket Potato with choice of fillings With choice of fillings Fresh Fruit Bar, Yoghurt, Cheese and Fresh Fruit Bar, Yoghurt, Cheese and	Beef Bolognese to go with to go with Carrots, Spaghetti Vegetarian Bolognaise to go with Carrots, Spaghetti Hotdog Quorn Fillet Sweet & Sour Veggies to go with Carrots, Spaghetti Farsh Fruit Bar, Yoghurt, Cheese and Sweetcorn, Homemade Herby Diced Potatoes Sweet & Sour Veggies to go with to go with Broccoli, Carrots, Mashed Potato, Gravy Carrots, Sunshine Rice Carrots, Sunshine Rice Sweet & Sour Veggies to go with Explosion of fillings With choice of fillings With choice of fillings Raspberry Angel Delight Apple Muffins Fresh Fruit Bar, Yoghurt, Cheese and